COUNTY SOCIAL SERVICES 28E GOVERNING BOARD AGENDA

To: County Social Services Board Members

From: Mary McKinnell Date: January 26, 2022

Re: County Social Services Board Meeting

Date: January 26, 2022 Time: 10:00 A.M.

Place: County Social Services-Allison, IA. Butler County Courthouse, EOC in basement. Board members are encouraged to attend in person. If unable to attend in person, please join us via the GoTo Meeting link below.

Please join my meeting from your computer, tablet or smartphone.

https://global.gotomeeting.com/join/888927381

You can also dial in using your phone.

United States: +1 (646) 749-3122

Access Code: 888-927-381

CSS January 2022 Board Meeting Agenda:

1. Call County Social Services Board Meeting to order.

- 2. Approve today's agenda and the minutes of December 1, 2021. Discussion/Action.
- 3. Election of officers. Discussion/Action.
- 4. Chair Craig White to hand meeting over to newly elected Chair.
- 5. Adult Services Provider Representative, Brittney Montross. Feedback.
- 6. Consumer Representative, Eric Donat. Feedback.

Human Resources

- 7. Recommendation of a 5% Cost of Living Adjustment increase for all CSS employees on the first pay period after July 1, 2022. Discussion/Action.
- 8. Megan passed her SHRM exam. Congratulations, Megan.

Programs

- 9. Intensive Residential Service Home (IRSH) progress update. Discussion.
- 10. NIRS service expansion update. Discussion.
- 11. Butler County office space update. Discussion.

Organization

- 12. Financial report for November and December of 2021. Discussion/Action.
- 13. December claims. Discussion/Action.
- 14. Budget work session. Discussion/Action.
- 15. Review and action on Exceptions to Policy.

- 16. CSS reimbursement to the 7 counties that exited the region 6/30/2021 their portion of the CSS ending FY2021 estimated fund balance (see attachment). If approved, checks will be issued 2/1/2022. Discussion/Action.
- 17. University of Iowa Health Care document requesting a signature to release ISTART contract to Elevate. Discussion/Action.
- 18. Elevate FY22 funding requests for ISTART and IRSH. See pages 31 to 33 of the Schoitz Restoration strategic plan included in the Board packet. Discussion/Action.
- 19. There will no longer be Fund 10 after June 30, 2022. Discussion.
- 20. ISAC Spring Conference and Day on the Hill. Should CSS staff attend? Discussion/Action.
- 21. Imagine the Possibilities is converting their six Intermediate Care Facility for persons with Intellectual Disabilities (ICF/ID) homes in Garnavillo and Guttenberg into HCBS homes to serve individuals on the Intellectual Disability & Brain Injury waivers, as well as individuals receiving HCBS Habilitation Services. They need a letter of support from the MHDS Region in order to provide services for up to 5 persons in each home. Discussion/Action.
- 22. Review and action to authorize the Chair to sign provider agreements and/or rate requests with:
 - 2022 ISAC Wellness Program Agreement
- 23. Frequency of Board Meetings. Discussion.
- 24. Adjourn; next meeting will be February 23, 2022, 10AM, at 260 E Prospect, Public Health Building, New Hampton, IA.

December 2021 COUNTY SOCIAL SERVICES BOARD MINUTES

The December 2021 County Social Services Board Meeting was held in Black Hawk County at the CSS office on Wednesday, December 1, 2021, 10:00 am and via GoTo Meeting.

Board Members Present: Craig White, Black Hawk, Greg Barnett, Butler, Jacob Hackman, Chickasaw, Sharon Keehner, Clayton, Roy Schwickerath, Floyd, Heidi Nederhoff, Grundy, Pat Murray, Howard, Larry Vest, Tama, Eric Donat, Adult System Consumer Rep, Brittney Montross, Adult System Provider Rep, CSS CEO Mary McKinnell. Via GoTo Meeting: Larry Schellhammer, Allamakee, Jeanine Tellin, Fayette, Mark Hendrickson, Mitchell, June Klein-Bacon, Children's System Parent Rep, Absent: Gary Rustad, Winneshiek, Kristi Aschenbrenner, Children's Education System Rep., Katie Wahl, Children's System Provider Rep.

- 1. Vice-Chair Barnett called County Social Services Board Meeting to order.
- 2. Motion by Schwickerath, Floyd, second by Keehner, Clayton, to approve today's agenda. Motion by Murray, Howard, second by Nederhoff, Grundy, to approve minutes of October 27, 2021 meeting. Motion carried.
- 3. Adult Services Provider feedback by Brittany Montross.
- 4. Consumer Representative feedback by Eric Donat.
- 5. CEO McKinnell reported no information on Human Resources.
- 6. CEO McKinnell gave an update on the progress of Intensive Residential Services in the region. Inspiring Lives is working on MCO contracting so timing is dependent on this. Elevate CCBHC still has plans to provide this service, as well, but no time frame was available.
- 7. CEO McKinnell said there was no new information on North Iowa Regional Services' expansion project.
- 8. CEO McKinnell and Vice-Chair Barnett gave update on Butler County office space. Reported of possibility of CSS Staff to temporally move in DHS building by end of December 2021. Discussions will continue on permenat location.
- 9. Motion by Hackman, Chickasaw, second by Barnett, Butler, to accept the Financial Report for October 2021. Motion carried.
- 10. Motion by Hackman, Chickasaw, second by Murray, Howard, to accept Claims Runs for November 2021. Motion carried.
- 11. Motion by Vest, Tama, second by Barnett, Butler, to accept proposal from Trilix regarding brain health awareness. Motion carried.
- 12. CEO McKinnell and Karen Dowell reported on FY2020 Audit.
- 13. Motion by Hackman, Chickasaw, second by Schwickerath, Floyd for chair to sign certification letter on FY2021 ending Fund Balance. Motion carried.
- 14. Motion by Murray, Howard, second by Barnett, Butler, to accept the October 2021 Exceptions to Policy as presented. Motion carried.
- 15. Motion by Hackman, Chickasaw, second by Schwickerath, Floyd, for chair to sign contract with DHS. Motion carried.
- 16. CEO McKinnell reported there were no provider agreements for chair to sign.
- 17. Discussion on Board positions for 2022. By-laws were noted for progression of rotating positions.
- 18. Discussion on CSS Board Meeting meeting space (rotating location) and wifi capabilities for 2022.
- 19. Motion by Hackman, Chickasaw, second by Schwickerath, Floyd, to adjourn. Motion carried. Next meeting will be Wednesday, January 26, 10:00 am in Butler County.

Revenue		Budget	Р	rior Month	Cu	rrent Month	li .	YTD	% YTD
Property Tax Revenue	\$	8,998,237	\$	2,710,624	\$	385,848	\$	3,096,472	34%
Regional Service Payment	\$		\$	_	\$	-	\$	2,323,086	#DIV/0!
Medicaid Reimbursement (TCM)	\$	115,600	\$	10,078	\$	9,884	\$	42,055	36%
I-START	\$	362,325	\$	=	\$		\$	8,000	2%
Misc. and Interest	\$	62,800	\$	7,168	\$	17,973	\$	33,099	53%
Total Revenue	\$	9,538,962	\$	2,727,870	\$	413,705	\$	5,502,712	58%
Expenditure Domain									
Core									
Treatment	\$	675,000	\$	25,213	\$	74,544	\$	182,403	27%
	\$	2,000,000	\$	82,380	\$	155,763	\$	399,129	20%
	\$	2,002,000	\$	181,483	\$	214,688	\$	602,852	30%
Support for Employment	\$	350,000	\$	30,739	\$	23,394	\$	103,222	29%
	\$	30,000	\$	_	\$		\$	100,222	0%
Service Coordination	\$	3,500	\$	561	\$	280	\$	1,963	56%
	\$	250,000	\$	8,400	\$	14,400	\$	40,400	16%
	\$	510,000	\$	1,583	\$	2,298	\$	5,464	1%
Mandated	\$	525,000	\$	14,300	\$	65,770	\$	104,016	20%
Additional Core									
Justice System Involved Services	\$	320,000	\$	18,289	\$	10,338	\$	70,126	22%
Evidence Based Treatment	\$	100,000	\$	12,885	\$	10,330	\$	26,950	27%
	\$	270,000	\$		\$	25,200	\$	101,009	37%
2 0	\$	2,108,200	\$	129,784	\$	118,156	\$	734,151	35%
Services			_						
Other Congregate Services	5	825,000	\$	63,681	\$	161,347	\$	322,145	39%
Administration	\$	1,310,000	\$	76,218	\$	81,183	\$	526,633	40%
County Provided Case Mangement	5	115,600	\$	7,740	\$	7,673	\$	50,654	44%
County Provided Services (I-START) \$	\$	450,000	\$	187	\$	215	\$	79,956	18%
Total Expenditures \$	5	11,844,300	\$	653,442	\$	965,581	\$	3,351,072	28%

November Payroll/Benefits Breakdown:

FICA (Employer) IPERS (Employer)	\$8,147 \$9,774
Insurance (Employer)	\$29,529
TOTAL	\$156,434

Year-to-Date Per Capita Annualized Expenditure Rate: \$ 27.45

	Balance Fwd from prior FY	\$	162,347
			Revenue
2	Employer Contributions	\$	182,958
	Employee Contributions	\$	23,258
Fund 8500 Health Reimbursement Account Fiscal YTD (10/31/2021)	Flex - Employee Contributions	\$	5,463
		\$	211,679
		E	xpenditure
	Health Insurance Pmts (ISAC)	\$	211,303
	Medical Claims Pmts (Auxiant)	\$	16,590
	Flex Claims (Auxiant)	\$	2,491
		\$	230,384
	BALANCE	\$	143,642

Ending Checking Account Balance 11/30/21 (Funds 4150 and 8500) \$ 12,203,869

Revenue		Budget	F	Prior Month	Cu	rrent Month	YTD	% YTD
Property Tax Revenue	\$	8,998,237	\$	385,848	\$	= ∅	\$ 3,096,472	34%
Regional Service Payment	\$	-	\$	-	\$	1,161,543	\$ 3,484,628	#DIV/0!
Medicaid Reimbursement (TCM)	\$	115,600	\$	9,884	\$	13,114	\$ 55,168	48%
I-START	\$	362,325	\$	-	\$	72	\$ 8,000	2%
Misc. and Interest	_\$	62,800	\$	17,973	\$	5,818	\$ 38,935	62%
Total Revenue	\$	9,538,962	\$	413,705	\$	1,180,475	\$ 6,683,204	70%
Expenditure Domain								*
Core								
Treatment	\$	675,000	\$	74,544	\$	165,998	\$ 348,400	52%
Crisis Services	\$	2,000,000	\$	155,763	\$	131,222	\$ 530,351	27%
Support for Community Living	\$	2,002,000	\$	214,688	\$	129,439	\$ 732,290	37%
Support for Employment	\$	350,000	\$	23,394	\$	23,355	\$ 126,577	36%
Recovery Services	\$	30,000	\$	-	\$	-	\$ -	0%
Service Coordination	\$	3,500	\$	280	\$	280	\$ 2,243	64%
Sub-acute Services	\$	250,000	\$	14,400	\$	18,000	\$ 58,400	23%
Evidence Based Treatment	\$	510,000	\$	2,298	\$	1,226	\$ 6,690	1%
Mandated	\$	525,000	\$	65,770	\$	25,133	\$ 129,150	25%
Additional Core								
Justice System Involved Services	\$	320,000	\$	10,338	\$	26,222	\$ 96,348	30%
Evidence Based Treatment	\$	100,000	\$	10,330	\$	565	\$ 27,515	28%
Other Informational Services	\$	270,000	\$	25,200	\$	64,630	\$ 165,639	61%
Essential Community Living Support	\$	2,108,200	\$	118,156	\$	212,041	\$ 946,192	45%
Services								
Other Congregate Services	\$	825,000	\$	161,347	\$	97,639	\$ 419,784	51%
Administration	\$	1,310,000	\$	81,183	\$	103,739	\$ 630,372	48%
County Provided Case Mangement	\$	115,600	\$	7,673	\$	11,394	\$ 62,047	54%
County Provided Services (I-START)	\$	450,000	\$	215	\$	-	\$ 79,956	18%
Total Expenditures	\$	11,844,300	\$	965,581	\$	1,010,882	\$ 4,361,953	37%

December Payroll/Benefits Breakdown:

Insurance (Employer)	\$30,440 \$217,913
IPERS (Employer)	\$15,156
FICA (Employer)	\$11,764
Gross Payroll	\$160,552

Year-to-Date Per Capita Annualized Expenditure Rate: \$ 29.78

	Balance Fwd from prior FY	\$	162,347
		F	Revenue
	Employer Contributions	\$	225,141
ii.	Employee Contributions	\$	28,450
Fund 8500 Health Reimbursement Account Fiscal YTD (12/31/2021)	Flex - Employee Contributions	\$	6,664
		\$	260,255
		Ex	penditure
	Health Insurance Pmts (ISAC)	\$	272,756
	Medical Claims Pmts (Auxiant)	\$	16,907
	Flex Claims (Auxiant)	\$	2,794
		\$	292,457
	BALANCE	\$	130,144

December claims runs:

12/7/2021: \$225,731.21 12/15/2021: \$58,617.66 12/21/2021: \$166,380.47 12/28/2021: \$233,794.38

Dec Total: \$400,174.85

January claims runs:

1/11/2022: \$147,364.95 1/18/2022: \$133,358.92 1/25/2022: \$290,226.53 Jan Total: \$570,960.40

County Social Services Exceptions to Policy and Reconsiderations - November 2021

Cliente	Samina	Decision	Impact
Clients 1	Service Basic Needs - Rent	Decision Member needs assistance with rent to avoid homelessness while building skills so member can secure employment in the community.	Impact \$275.00
2	Basic Needs - Rent	Member is working but does not earn enough to cover rent. Since member has income CSS will fund \$250, member will pay \$50.	\$250.00
3	Basic Needs - Rent	Member is not stable enough to work. Member needs rental assistance until Social Security benefit is approved.	\$515.00
4	Support Services - Guardian/Conservator	Member is on the waiting list with Iowa's Department on Aging (IDA) Office of Public Guardian, #78 on the list.	\$150.00
5	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$486.00
6	Supported Community Living	Member needs daily assistance with all needs. Member's current waiver does not fund the service member needs. Member would be confined to a nursing facility without CSS funding.	\$3,892.50
7	Supported Employment Services	Member is over income guidelines, needs assistance with maintaining emmployment but cannot afford the total amount. Member will pay \$100 per month for services, CSS will fund the rest. Next quarter, Jan - March, 2022, member will pay \$200 per month.	\$274.42
8	Day Hab	Member's current waiver does not fund Day Habilitation services. Member applied for a different waiver that member is eligible for that will fund this service.	\$2,430.98
9	Basic Needs - Rent	Member is not stable enough to work. Member needs rental assistance until Social Security benefit is approved.	\$500.00
10	Basic Needs - Rent	Currently member does not have any income. Appealing Social Security Administration's disability decision with an attorney.	\$245.00
11	Day Habilitation	Member is on a waiver that doesn't fund day habilitation services. Funding ended 11/11/2021.	\$300.00
12	Over the counter medication	Vitamin D & B important for brain health.	\$42.79
13	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$50.00
14	Support Services - Supported Community Living - Daily; Day Hab	Current waiver does not fully fund the services member needs. Seven days approved to allow time for a Preadmission Screening and Resident Review (PASRR) The Preadmission Screening and Resident Review (PASRR) is a federal program implemented in 1987 to: Prevent individuals with mental illness (MI), intellectual disability (ID) or related conditions (RC) from being inappropriately placed in a Medicaid certified nursing facility (NF) for long-term care.	\$1,964.97
15	Supported Community Living provided in a licensed RCF	Request to waive member's resources. Member was approved for funding before July 1, 2021, when new resource guidelines started. This is the last month waiving copay if member is not under resource guidelines.	\$4,058.40
16	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$95.00
17	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$25.00
18	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$336.00
19	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$594.00
20	Basic Needs - Rent	Member would be homeless without rental support. Social Security is pending.	\$400.00
21	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$337.50

County Social Services Exceptions to Policy and Reconsiderations - December 2021

Clients	Service	Decision	Impact
1	Basic Needs - Rent	Member needs assistance with rent to avoid homelessness while building skills so member can secure employment in the community.	\$275.00
2	Basic Needs - Rent	Member is working but does not earn enough to cover rent. Since member has income CSS will fund \$250, member will pay \$50.	\$250.00
3	Basic Needs - Rent	Member is not stable enough to work. Member needs rental assistance until Social Security benefit is approved.	\$515.00
4	Support Services - Guardian/Conservator	Member is on the waiting list with Iowa's Department on Aging (IDA) Office of Public Guardian, #78 on the list.	\$150.00
5	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$486.00
6	Supported Community Living	Current waiver does not fund member's services, member is applying for a funding source that will fund the services needed.	\$3,632.25
7	Supported Employment Services	Member is over income guidelines, needs assistance with maintaining emmployment but cannot afford the total amount. Member will pay \$100 per month for services, CSS will fund the rest. Next quarter, Jan - March, 2022, member will pay \$200 per month.	\$274.42
8	Day Hab	Member's current waiver does not fund Day Habilitation services. Member applied for a different waiver that member is eligible for that will fund this service.	\$2,430.98
9	Basic Needs - Rent	Member is not stable enough to work. Member needs rental assistance until Social Security benefit is approved.	\$500.00
10	Basic Needs - Rent	Currently member does not have any income. Appealing Social Security Administration's disability decision with an attorney.	\$245.00
11	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$50.00
12	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$95.00
13	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$336.00
14	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$594.00
15	Basic Needs - Rent	Member would be homeless without rental support. Social Security is pending.	\$400.00
16	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$337.50
17	Transportation	Transportation to and from day hab, as that is not a covered service under habilitation.	\$25.00

Approximate monthly impact: \$10,596.15

County Social Services
Ending FY21 Fund Balance Reimbursement to Counties Exiting Region 6/30/21

\$2,714,918	\$30,929	\$2,745,847	\$21,624	\$1,081,467	\$3,848,938	0.3026	12,677,370		422,579	Total CSS Region
\$219,366	\$394	\$219,760	\$0	\$162,226	\$381,986	0.0300	380,700	43.65	12,690	Wright
					\$602,900	0.0474	600,870	43.65	20,029	Winneshiek
\$748,567	\$11,966	\$760,533	\$0	\$331,453	\$1,091,986	0.0858	1,088,310	43.65	36,277	Webster
					\$508,833	0.0400	507,120	43.65	16,904	Tama
\$143,154	\$0	\$143,154	\$0	\$59,729	\$202,883	0.0159	202,200	43.65	6,740	Pocahontas
					\$318,141	0.0250	317,070	43.65	10,569	Mitchell
\$210,359	\$5,005	\$215,364	\$21,624	\$50,390	\$287,378	0.0226	286,410	43.65	9,547	Humboldt
					\$276,541	0.0217	275,610	43.65	9,187	Howard
\$292,526	\$60	\$292,586	\$0	\$29,860	\$322,446	0.0253	321,360	43.65	10,712	Hancock
					\$370,367	0.0291	369,120	43.65	12,304	Grundy
					\$474,427	0.0373	472,830	43.65	15,761	Floyd
					\$591,792	0.0465	589,800	43.65	19,660	Fayette
\$219,905	\$11,478	\$231,384	\$0	\$47,144	\$278,528	0.0219	277,590	43.65	9,253	Emmet
					\$528,459	0.0415	526,680	43.65	17,556	Clayton
					\$360,132	0.0283	358,920	43.65	11,964	Chickasaw
\$881,041	\$2,026	\$883,067	\$0	\$400,665	\$1,283,732	0.1009	1,279,410	43.65	42,647	Cerro Gordo
					\$437,643	0.0344	436,170	43.65	14,539	Butler
					\$3,985,658	0.3133	3,972,240	43.65	132,408	Black Hawk
					\$416,362	0.0327	414,960	43.65	13,832	Allamakee
Net CSS to Pay to County	Claims CSS Paid in FY21 for County	Net Fund Balance Due to County	FY21 4th Qtr Reimbursement Not Accrued by County	FY2021 County Ending Fund 10 Balance	County share of Region FY2021 Fund Balance	County % of region	FY21 Actual Levy \$30.00	Regional Per Capita	2018 Est. Pop.	County

*CSS check date 8/3/21 - should have been FY2021 accrued revenue in Humboldt County Fund 10

Estimated CSS Region FY21 ending fund balance \$12,720,195

ASSIGNMENT OF AND FIRST AMENDMENT TO THE PROFESSIONAL SERVICES AGREEMENT

THIS ASSIGNMENT OF AND FIRST AMENDMENT TO THE PROFESSIONAL SERVICES AGREEMENT (the "Assignment and First Amendment") is entered into by and among County Social Services, a Mental Health and Disability Service region formed under Iowa Code Chapter 28E and located in Waterloo, Iowa ("CSS"); University of Iowa Health Care, which is composed of the University of Iowa Hospitals and Clinics, the University of Iowa Carver College of Medicine, and the University of Iowa Physicians ("UI"); and Elevate Housing Foundation d/b/a Elevate CCBHC, an Ohio nonprofit corporation organized under Chapter 1702 of the Ohio Revised Code and registered with the Iowa Secretary of State as a foreign corporation and located at 604 Lafayette Street, Waterloo, IA 50703 ("EHF") (each a "Party," and collectively the "Parties").

RECITALS

- A. WHEREAS, CSS and UI entered into a Professional Services Agreement (the "Agreement") with an effective date on or about January 22, 2020 for UI to provide clinical consultations to CSS as part of CSS's I-START program, which provides prevention and intervention services to individuals with intellectual and/or developmental disabilities;
- B. **WHEREAS**, the services offered by CSS under the Agreement will now be offered by EHF, operating as Elevate CCBHC, in Black Hawk County Iowa and contiguous counties;
- C. WHEREAS, CSS desires to assign its duties and responsibilities under the Agreement to EHF and EHF desires to undertake CSS's duties and responsibilities thereunder; and
- D. WHEREAS, in accordance with Section 15(h) of the Agreement, neither the Agreement nor any obligation to be performed under the Agreement may be assigned by either Party without the prior written consent of the other Party.
- NOW, THEREFORE in consideration of the above recitals and the mutual covenants contained in this Assignment and First Amendment and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, the Parties hereby agree as follows:
- 1. <u>Assignment</u>. CSS hereby assigns its duties, obligations, and responsibilities under the Agreement to EHF and EHF accepts such assignment. In accordance with Section 15(h) of such Agreement, UI hereby consents to such assignment. Throughout the Agreement, all references to "County Social Services" or "CSS" shall be changed to "Elevate Housing Foundation" or "EHF" and shall be interpreted accordingly.
- 2. <u>Amendment</u>. The contact information for CSS under Section 15(I) of the Agreement is hereby deleted and replaced with the contact information for EHF as follows: Elevate Housing Foundation d/b/a Elevate CCBHC, Att: Director, 604 Lafayette Street, Waterloo, IA 50703.
- 3. <u>Effective Date</u>. Unless otherwise specified herein, the terms of this Assignment and First Amendment shall be effective as of July 31, 2021.
- 4. <u>Defined Terms</u>. Capitalized terms not otherwise defined herein shall have the meanings ascribed to them in the Agreement.

5. <u>Effect of Assignment and Amendment</u>. This Assignment and First Amendment to the Agreement shall be incorporated into and made a part of the Agreement, as applicable. All provisions of the Agreement not expressly modified or amended herein shall remain in full force and effect.

IN WITNESS WHEREOF, the duly authorized representatives of CSS, UI, and EHF have executed this Assignment and First Amendment to the Agreement.

UNIVERSITY OF IOWA HEALTH CARE ("UI")

COUNTY SOCIAL SERVICES ("CSS")

Signature
Brooks Jackson, MD, MBA
Vice President of Medical Affairs
University of Iowa Health Care

Signature
Roy Schwickerath
Chair, CSS Board of Directors
County Social Services

Date (mm/dd/yyyy)

Date (mm/dd/yyyy)

ELEVATE HOUSING FOUNDATION d/b/a ELEVATE CCBHC

("EHF")

Signature Bob Lincoln

Director

Elevate Housing Foundation d/b/a Elevate CCBHC

Date (mm/dd/yyyy)

County Social Services MHDS Region Request

County Social Services MHDS Region (CSS) has contracted and generously supported Elevate's mobile crisis services for their catchment area. They have also requested that Elevate develop newly mandated Intensive Residential Support services. These services align with the role of a diversion center and the capacity to offer 24/7 no eject no reject access to essential mental health and substance use disorder services to the region.

On July 1, 2021, CSS and Elevate successfully transitioned the iSTART Program (a 24/7 interdisciplinary mental health team to provide clinical wrap around for individuals with complex needs). This service provides the community capacity to support individuals with significantly interfering behaviors to remain or return to the community, a perfect service to avoid over reliance on crisis settings for extended support.

Unfortunately, SAMHSA was not willing to support iSTART services under the CCBHC expansion grant, so we are asking CSS to continue support of the iSTART program while we continue to transition the program to alternative funding. DHS has notified us that a Money Follows the Person (MFP) Grant will be released in July to expand Center for START services statewide. Elevate has had many constructive meetings with Iowa's Medicaid MCOs that have all shown a great interest in support the iSTART program to serve their members with complex needs as the Center for START program locally and nationally demonstrate the best evidence-based intervention to serve that population.

Lastly, to sustain our Certified Community Behavior Health Clinic (CCBHC) model, we are asking the CSS Board to support our application to the MHDS Commission for designation as a Community Mental Health Center (CMHC). This would allow Elevate to bill the Medicaid MCOs at an enhanced rate for Medicaid outpatient services since that will be our primary population and the CCBHC model exceeds all of the CMHC state standards for accreditation. We are also asking to expand our CSS Provider Agreement to cover individuals on the CSS sliding fee scale after April 30, 2022.

Restoration Center Strategic Plan

The following is our FY 2022 funding request:

Description	Request
Reimbursement for center for START technical assistance. (At a cost not allowed by CCBHC expansion grant.)	\$45,000
Remodeling the residential services building to house the intensive residential support home. (3,000 sq ft @\$75)	\$225,000
Install elevator in the residential services building for ADA access.	\$150,000
Install sprinklers in the building for public safety.	\$150,000
Staff Intensive Residential Support service program initial staffing prior to billing. (2 direct support staff 24/7, 1 program director salary, daily RN, 2-3/weekly ARNP med reviews)	\$226,210
Fund CSS iSTART (estimated 45 clients) effective February 1, 2022, to July 2, 2022.	\$202,500
Total Request	\$998,710

Restoration Center Strategic Plan

The following is our FY2023 funding budget:

Description	Estimate
Intensive Residential Support Program (fund fee for service of uncovered individuals or support the continued roll out of the program; the estimate is based on 50% of projected annual operational costs)	\$600,000
iSTART funding for an additional 4 months for time to complete and implement DHS's RFP. (If sustainable funding is not in place or date certain at this point, we will have the hard conversation with CSS to possibly end the program.)	\$162,000
CSS sliding-fee-scale support for outpatient services for without or under insured. Total guess!	\$150,000
23-hour observation and holding for uncovered residents. (\$413 (Medicaid rate)	\$100,000

Elevate would like to be considered for the Access services contract in FY2023 if the ACSC is agreeable that it would be more effective for us with mobile crisis and open access to screen and assess individuals for referral to the ACSC for residential crisis observation and subacute services.

Publications used in this document:

- SAMHSA website documentation of the SIM model.
- Building exits off the highway to mass incarceration: Diversion programs explained. By Leah Wang and Katie Rose Quadt, July 20, 2021.



January 26, 2022

Brian Wines Iowa Medicaid Enterprise 100 Army Post Road Des Moines, IA 50315

Dear Mr. Wines,

This letter is in support of Imagine the Possibilities' request for approval of six 5-bed waiver homes. Three sites are in Garnavillo, IA and three are in Guttenberg, IA. All are current ICF/ID homes that will be converted into HCBS homes to serve individuals on the ID and BI Waivers, as well as individuals on HCBS Habilitation.

Imagine the Possibilities does not believe that this will result in an overconcentration of supported community living units in Clayton County and believe this will support the needs of individuals with disabilities.

Thank you for your consideration of the request.

Sincerely,

Greg Barnett, Chair County Social Services Board

Mary McKinnell, CEO County Social Services MHDS Region

WELLNESS PROGRAM AGREEMENT BETWEEN THE IOWA STATE ASSOCIATION OF COUNTIES AND PARTICIPATING COUNTY

BACKGROUND

ISAC has demonstrated support for wellness programming for many years by providing financial resources to counties to be used on wellness programming. ISAC is dedicated to providing members every opportunity to become healthier, and to creating a culture of health and wellness in all counties participating in the ISAC Group Health Program. This is why ISAC is offering counties the opportunity to participate in a more robust wellness program, along with the assistance of a health management consultant and incentive program to help them achieve their goals. ISAC is determined to address rising health care costs through effective wellness programming to encourage healthy behavior changes in the employee population.

WORKSITE WELLNESS PLAN

The ISAC enhanced wellness program will include comprehensive consulting services and biometric screenings as well as an incentive program to both counties and policy holders during the plan year of 2022.

POPULATION TO BE SERVICED

The ISAC Wellness Program is only available to member employees. Comprehensive consulting may assist county wellness committees in planning and implementing additional programs that can be available to all employees. The \$200 incentive is available to current county employees who are in the ISAC group health plan.

ISAC WILL PROVIDE THE FOLLOWING:

- A dedicated Health Management Consultant to assist in assessment, planning, implementation and evaluation of wellness initiatives.
- Lifestyle management tools to help members better manage their health, including nutrition planning, fitness planner, online behavior change programs, and more.
- An approved 8 Pillars of Wellness List. The county can request to use other topics and presenters for the "County Sponsored Event" but these requests are subject to approval from ISAC.
- A \$200 incentive that will be offered for those qualifying employees who have completed a wellness assessment (\$25), completion of a physical or preventative exam (\$75 Reimbursed through the ISAC Accident Plan), and completion of 4 different wellness pillars (\$25 each). ISAC will reimburse the county up to the \$125 + the employers FICA tax.
- A rate discount to any county that meets the criteria listed under "Participating County" and documents their achievement.

FEES

ISAC is assuming all fees associated with the wellness program enhancements, which includes comprehensive consulting and online lifestyle management programs through Mercy Health Network. Participating counties will have no financial obligations associated with this program. Each participating county will continue to receive \$30 per contract per year to use toward approved wellness programs and speakers. Counties are encouraged to offer additional incentives to participants to increase engagement.

PARTICIPATING COUNTIES MUST:

- Form a wellness committee (volunteer or appointed), if one is not already established, that will meet at least four times per calendar year to plan and implement wellness programming. The Health Management Consultant will provide each county with the tools and materials needed to promote these programs.
- Include at least one Supervisor on the committee to support the wellness initiative by holding an active role in the wellness committee and encouraging employees time to participate in wellness programs. County leaders are also encouraged to be an example to employees by participating in programs themselves.
- Encourage employees to complete a physical and or preventative exam with a physician who can fill out a fax form. And complete their online assessment. Doing these two things will earn the county the wellness discount on their premiums.
- Encourage employees to participate in the ISAC Wellness Program Pillars to receive their full \$200.

COLLABORATION

ISAC is committed to creating a culture of health and wellness at all ISAC counties. ISAC will work with the counties to identify and address its employee health risks through the proposed engagement. We look forward to collaborating with you to promote wellness programs, and welcome any information that you can provide to help us better understand and meet your wellness needs.

2022 ISAC WELLNESS AGREEMENT

Iowa State Association executed January 1st – C	of Counties and the participatir October 31 st , 2022. The unders	ng county have caused this agreem igned hereby consent to render sen	rvices
accordingly.	_ County elects to participate i	n the 2022 ISAC Wellness Progra	ım, as
detailed above.			
understanding that the c	_ County elects NOT to particicounty will no longer receive the	ipate in the 2022 ISAC Wellness In benefits associated with the pro	Program; gram.
William R. Peterson, E. Iowa State Association	xecutive Director of Counties	Date	
Chairperson, Board of	Supervisors, County	Date	

Please return this agreement to:
ISAC Wellness, 5500 Westown Pkwy #190, West Des Moines, IA 50266
FAX: 515-244-6397 or EMAIL: wellness@iowacounties.org