

COUNTY SOCIAL SERVICES 28E GOVERNING BOARD AGENDA

To: County Social Services Board Members
Cc: County Social Services Stakeholders/Public
From: Karen Dowell
Date: July 17, 2020
Re: County Social Services Board Meeting
Date: Wednesday, July 22, 2020
Time: 10:00 A.M.

Place: **County Social Services-Cerro Gordo County office, 525 9th Street SE, Mason City, IA. Please wear face coverings. IN PERSON IS ONLY FOR CSS BOARD MEMBERS AND REQUIRED CSS STAFF. Board members wishing not to attend in person, CSS staff and guests are invited to join us via the conference phone line.**

Phone Conference: Call 1-866-939-8416 and enter the following code: 6248839#
Thank you for muting your phone unless you have been recognized to speak.

Agenda:

1. Call County Social Services Board Meeting to order.
2. Approve today's agenda and the minutes of June 24, 2020.
3. Provider feedback.
4. Consumer feedback.
5. DHS will be present (via phone) to facilitate discussion regarding the HF2643 legislation that was signed by the Governor: DHS role, expectations, information needed, etc. Discussion.
Human Resources
6. Review of timeline for hiring of CEO. Discussion.
Programs
7. Recognition of the CSS Integrated Care Management Program's Audit.
8. The Black Hawk County Sheriff has requested CSS to fund Crisis Intervention Training Oct. 5-9 in Waterloo. The not-to-exceed budget amount is \$12,000. BHC Sheriff will extend invitation to all other CSS County Sheriffs. CSS will get word out to local law enforcement agencies, as well. Discussion/Action
9. Elevate Housing, a new Certified Community Behavioral Health Clinic in Waterloo, has proposed to provide Mobile Crisis services in the South service area. This would include Crisis Evaluation, 24-hour Access to Crisis Response, Mobile Response and Community-based crisis stabilization. They are asking for a "Not-to-Exceed" contract amount of \$3.00 per capita, which would be \$44,039 per month, starting 9/1/20. Medicaid will be billed when applicable and Elevate would bill CSS the actual cost of the mobile crisis team plus a percentage of their indirect costs, not to exceed \$3.00 per capita. Elevate would also add 23 Hour Observation and Holding at the Medicaid rate of \$413.14 and Mental Health First Aid Instruction, as needed by CSS, for \$800 per class (plus materials). Discussion/Action
10. Update on Inspiring Lives' Road to Community progress.
Organization
11. CSS 28E Addendum to remove Kossuth, Winnebago and Worth Counties and to address additional board members to meet Iowa Code requirements. Discussion.
12. CARES Act funding \$9.50 per capita. This amounts to \$4 million for CSS. Discussion/Action.
13. Financial report and claims approval. Discussion/Action
14. Review and action on Exceptions to Policy. Discussion/Action
15. FY21 funding of transportation provided by transit providers and day habilitation for individuals on Medicaid waivers that do not fund these services. Fiscal year financial impact estimated to be less than \$20,000 due to COVID-19.
16. Mental Health & Disability Policy and Procedure Management Plan approval by DHS 7-16-20.
17. Review and action to authorize the Chair to sign provider agreements and/or rate requests with:
 - North Iowa Regional Services (ACSC) for Access Center services rate
 - Inspiring Lives for Medicaid rates
 - Seasons Center for Mobile Crisis per capita in Emmet County (\$0.21/capita/month=\$1943/month)
 - Youth & Shelter Services for Family Team Meeting rate (\$400/FTM – FY2021 estimated financial impact less than \$6000)
 - RHD and Berryhill – remove weekend rates for ACT
18. Adjourn; next meeting will be Wednesday, Sept. 23, 2020, 10:00 am. Wednesday, Aug. 26, 10:00 am, will be our Service Area Advisory Meetings. Information regarding these local meetings will come out in early August.

It seems that the pandemic is hitting in some fairly random ways that also could be warning signs for behavioral health, the CSS region and the State of Iowa.

There is an aluminum can shortage due to increased drinking of soda and beer. We have read about the increase in substance usage during this time so this is not a surprise. DHS suspects an increase in child abuse that is not being reported since school is out, day cares may be closed and families at home and stressed. Domestic violence crisis calls are up at our agency and I suspect state wide. And suicide is always a real issue. We know increased alcohol consumption plays a role in all of these and may link it together.

If and when there is a vaccine the aftermath of what has happened to our communities will continue. The CSS Board has done a great job of looking at new and innovative service options. It may be time to make sure that local issues are a priority so residents can have the support and services they need when life returns to the new normal.

The addition of children’s services the array of what may be needed will have to be determined in a thoughtful manner. I encourage the Board to visit with providers and consumers in your own counties and find out what your own area needs to flourish. They are the experts and will gladly give input to what works and doesn’t work and what is actually needed. Services and treatment are different but our resident’s need both offered locally to stay healthy and safe.

Providers are slowly looking at reopening and increasing on site and face to face services. The increasing positive numbers and the continuing struggle to find enough PPE and cleaning supplies are impacting the pace. The uncertainty of school what school will look like in the fall will impact workforce and service delivery. We are seeing an increase in stress in workforce and are emphasizing the need for self care.

Signs of burnout:

- | | |
|---|-------------------------------------|
| Chronic fatigue | Insomnia |
| Forgetfulness/impaired concentration and attention. | Physical symptoms/Increased illness |
| Loss of appetite | Anxiety |
| Depression | Anger/increased irritability |
| Loss of enjoyment | Pessimism |
| Isolation | Detachment |
| Lack of productivity | Feeling of hopelessness or apathy |

Recognizing burnout and having a plan to take care of yourself is vital; this includes providers and CSS board members. Take a break and visit with family, friends, go fishing or something you enjoy; while social distancing.... and wearing a mask, always an option.

Submitted: Marcia A. Oltrogge



Prepared by:
Joseph Smarro
Chief Executive Officer

DESCRIPTION & SCOPE

SolutionPoint+ will proudly serve the state of Iowa's behavioral health regions and their law enforcement agencies. We will consult, design and facilitate a 40-hour Crisis Intervention Team (CIT) training for your agency. While SolutionPoint+ is capable of teaching each class on the 40-hour CIT agenda, we believe in building and fostering connection between the community stakeholders and law enforcement agencies. CIT is an excellent conduit to build sustainable relationships between the police and the community. As such, we consult with the local mental health authority and NAMI groups to aid in facilitation of certain curriculum. We partner with local groups to learn about resources, and when possible, facilitate a resource fair during the training.

PROJECT DATES

SolutionPoint+ is ready to begin working on this project when the terms are agreed upon. We will need 30-days notice before the start of the 40-hour training week to reach out to local partners for collaboration. We could begin as soon as the first week of October, at your discretion.

PROFESSIONAL FEES

This project consists of a single phase:

(1.) 40-hour CIT training for up to 25 sworn officers \$12,000

Included with the professional fees are: consulting, facilitating, training, travel, lodging, transportation, meals, all expenses for two instructors

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Revenue	Budget	Prior Month	Current Month	YTD	% YTD
Property Tax/Fund Bal Transfer	\$ 16,522,220	\$ 6,108,460	\$ -	\$ 16,390,918	99%
Medicaid Reimbursement (TCM)	\$ 212,600	\$ -	\$ -	\$ 81,359	38%
I-START	\$ 100,000	\$ 85,000	\$ 10,400	\$ 272,936	273%
Misc.	\$ 310,000	\$ 4,191	\$ 62,241	\$ 384,525	124%
Total Revenue	\$ 17,144,820	\$ 6,197,651	\$ 72,641	\$ 17,129,737	100%

Domain					
Core					
Treatment	\$ 1,170,000	\$ 68,899	\$ 126,540	\$ 835,965	71%
Crisis Services	\$ 2,661,000	\$ 146,576	\$ 226,117	\$ 985,525	37%
Support for Community Living	\$ 2,624,800	\$ 140,166	\$ 176,813	\$ 1,781,648	68%
Support for Employment	\$ 650,000	\$ 24,380	\$ 17,240	\$ 425,003	65%
Recovery Services	\$ 180,000	\$ 2,300	\$ 5,799	\$ 69,056	38%
Service Coordination	\$ 60,000	\$ 280	\$ 280	\$ 2,524	4%
Sub-acute Services	\$ 50,000	\$ 43,200	\$ 42,800	\$ 294,240	588% 1
Evidence Based Treatment	\$ 1,355,000	\$ 36,395	\$ 13,627	\$ 406,408	30%
Mandated	\$ 1,000,000	\$ 97,959	\$ 53,804	\$ 855,634	86% *
Additional Core					
Justice System Involved Services	\$ 447,000	\$ 36,388	\$ 9,829	\$ 317,055	71%
Evidence Based Treatment	\$ 105,000	\$ 7,285	\$ 5,653	\$ 182,733	174% 2
Other Informational Services	\$ 96,722	\$ 158	\$ 3,547	\$ 34,939	36%
Essential Community Living Support Services	\$ 4,013,200	\$ 264,962	\$ 360,963	\$ 4,292,189	107%
Other Congregate Services	\$ 2,500,000	\$ 1,186,115	\$ 230,057	\$ 3,506,143	140% 3
Administration	\$ 1,500,000	\$ 111,605	\$ 143,263	\$ 1,559,075	104%
County Provided Case Mangement	\$ 212,600	\$ 13,516	\$ 13,835	\$ 221,834	104%
Total Expenditures	\$ 18,625,322	\$ 2,180,183	\$ 1,430,167	\$ 15,769,972	85%

Ending Cash Balance 6/30/2020 \$ 10,998,249

July 2020 Claims	
7/7/2020	\$331,756.09
7/14/2020	\$109,024.72
7/21/2020	\$365,935.99
TOTAL	\$806,716.80

Fund 8500 Health Reimbursement Account YTD (6/30/2020)	
Revenue	
Employer Contributions	\$ 351,619
Employee Contributions	\$ 41,145
Flex - Employee Contributions	\$ 8,353
	\$ 401,116
Expenditure	
Health Insurance Pmts (ISAC)	\$ 218,738
Medical Claims Pmts (Auxiant)	\$ 37,711
Flex Claims (Auxiant)	\$ 2,056
	\$ 258,505
BALANCE	\$ 142,612

Last 3 Months' Per Capita Annualized Expenditure Rate: \$ 44.28
 Year-to-Date Per Capita Annualized Expenditure Rate: \$ 34.44

1 Non-Medicaid funded individuals needing sub-acute
 2 More social support access than we had anticipated
 3 Prairie View Road to Community Investment
 * We have not yet reimbursed counties for 4th quarter MH Advocate payroll